

## **Mental Health Subgroup of Derby Health & Wellbeing Board**

### **SUMMARY**

- 1.1 At the January Health & Wellbeing Board, the Board agreed to:
- Sign up to the Prevention Concordat for Better Mental Health.
  - Establish a mental health subgroup of the Board.
- 1.2 This paper provides an update on this work. The first wave of Local Authority signatories were announced by Duncan Selbie, CEO of Public Health England, on Friday 9 March 2018. Derby was amongst them, and our submission to PHE can be found in appendix 3.

A significant contingent from Derby attended the regional learning event in Nottingham on 15 February 2018 to hear about how the concordat is being translated into action nationally and at a local area. It is hoped this event will kick-start useful networking with public mental health practitioners across the region.

- 1.3 The mental health subgroup met for the first time on 27 February 2018.

The purpose of the subgroup was agreed as taking a system-wide, collaborative approach to:

- preventing mental health problems
- promoting positive wellbeing
- assuring mental health service quality and safety.

The subgroup will meet every two months, in line with Health & Wellbeing Boards.

There will be topic-based meetings allowing key stakeholders to have focused discussions on areas such as workforce wellbeing, employment, education etc.

The subgroup agreed the following principles:

- Keep it simple – avoid meetings becoming a talking shop, and develop an achievable implementation plan.
- Engage with staff and service users including through The Derby Partnership and Mental Health Together.
- Adopt a holistic approach to good mental health, looking at aspects of education, housing, employment, planning and transport.

- Learn from and share good practice elsewhere in the country.
- Make sure prevention as an aspect of mental health, is woven through the STP.
- Work with our community and business partners in the city to make sure mental health issues are prevented or picked up and addressed at an early stage.
- Facilitate grassroots activity to promote wellbeing by removing bureaucratic obstacles and enabling community groups and individuals to link with services and one-another, and effectively promote their activities and opportunities.

- 1.4 A Derby City Implementation plan for the Prevention Concordat for better mental health has been drafted by the subgroup.

## RECOMMENDATIONS

- 2.1 To note the formation of a new subgroup of the Board focusing on Mental Health.
- 2.2 To consider the proposed purpose of the subgroup as described above, and appropriate membership and meeting arrangements.
- 2.3 To comment on the draft implementation plan and consider what each member organisation of the Board could contribute to the prevention agenda in relation to mental health.

## REASON FOR RECOMMENDATIONS

- 3.1 The provision of good quality, accessible services and support to patients with either serious mental illness or low to moderate mental health problems has, rightly, been the focus of the mental health system locally. However, prevention has to date received less attention and there is a need to redress this imbalance.
- 3.2 The Prevention Concordat for Better Mental Health programme of work is one of the recommendations in the 'Five Year Forward View for Mental Health', published in 2016.
- 3.3 Without action on the increasing demand for mental health services, it will not be possible to absorb the rising costs of providing care and support for those experiencing mental ill health in the long term.

## SUPPORTING INFORMATION

- 4.1 Details of the Prevention Concordat for Better Mental Health, including a suite of resources designed to help local areas to put in place effective prevention planning arrangements (aimed at health and wellbeing boards, local authorities, clinical commissioning groups and their partners) can be found here:  
<https://www.gov.uk/government/collections/prevention-concordat-for-better-mental-health>

<b>OTHER OPTIONS CONSIDERED</b>
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5.1 None.

This report has been approved by the following officers:

<b>Legal officer</b> <b>Financial officer</b> <b>Human Resources officer</b> <b>Estates/Property officer</b> <b>Service Director(s)</b> <b>Other(s)</b>	
<b>For more information contact:</b>  <b>Background papers:</b> <b>List of appendices:</b>	Jilla Burgess-Allen, Public Health, <a href="mailto:Jilla.burgess-allen@derby.gov.uk">Jilla.burgess-allen@derby.gov.uk</a>  Appendix 1: Implications Appendix 2: Draft implementation plan Appendix 3: Completed concordat signatory form

<b>IMPLICATIONS</b>
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**Financial and Value for Money**

- 1.1 Mental health promotion and prevention approaches relieve pressure on mental health services, promote productivity and resilience.

**Legal**

- 2.1 None arising from this report.

**Personnel**

- 3.1 None arising from this report.

**IT**

- 4.1 None arising from this report.

**Equalities Impact**

- 5.1 Inequities in mental health can be addressed by adopting preventive approaches which tackle stigma and discrimination, ensure access to housing, welfare and employment support, as well as supporting certain groups at greater risk of poor mental health (homeless, BME, LGBT, survivors of violence, people living with disability).

**Health and Safety**

- 6.1 None arising from this report.

**Environmental Sustainability**

- 7.1 None arising from this report.

**Property and Asset Management**

- 8.1 None arising from this report.

**Risk Management and Safeguarding**

- 9.1 None arising from this report.

**Corporate objectives and priorities for change**

- 10.1 Promoting health & wellbeing is a priority in the Council Plan; Improving health & wellbeing through preventing physical and mental ill health is a priority of the STP.

