

Time commenced – 6.00 pm
Time finished – 9.10 pm

ADULTS AND HEALTH SCRUTINY REVIEW BOARD

17 APRIL 2018

Present: Councillor J Khan (Chair)
Councillors Webb, Eldret, Evans, Froggatt and Turner

25/17 Apologies for Absence

Apologies were received from Cllr Potter

26/17 Late Items

The Committee received a request to hear an item from Derby Carers re Saving Haven House.

After taking due consideration of this matter, discussion with the Chair and reference to the Constitution it was decided that this matter could not be taken as a late item due to the following reasons:

- There had been no change in circumstances between the agenda being published and the date of the meeting.
- This matter first arose in February (we believe) hence there has been plenty of opportunity to raise this before now
- This matter can be considered at the next meeting (June 18) as this is unlikely to have been concluded by then and more information will be available

27/17 Declarations of Interest

Cllrs Khan, Webb, Eldret, Froggatt and Turner all declared interests as UNITE members.

28/17 Minutes of the Previous Meeting

The Minutes from the meeting of 6 February 2018 were agreed as a correct record.

29/17 Consultation on the Future of Psychodynamic Psychotherapy

The Board received a report of the Interim Strategic Director of Corporate Resources asking them to receive and consider a Powerpoint presentation on the background

and consultation of the psychodynamic psychotherapy service from the SDCCG and summary statement prepared by UNITE on behalf of their members.

David Gardner, Assistant Director of Contracting and Procurement NHS Hardwick CCG, attended the meeting to give the presentation and answer any questions the Board may have. It was confirmed that the CCG intended to launch a consultation from May 2018 through to August 2018 on the basis of affordability and inequity. Under the NICE review guidance this service was not categorised as a commissioning 'must do' front line service, but as a 'can do'.

David Gardner stated that this was not a money saving exercise as they would be re-investing in mental health services in a bid to drive through efficiency in mental health treatments recognising that there needs to be a service for people across the whole of Derby and Derbyshire not just in Southern Derbyshire.

It was acknowledged that the CCG needed to get more data from the NHS Trust on whether there was the need to invest in more psychological crisis teams, especially to work with children who have suffered some kind of trauma, or to continue with the more specialised service.

Maureen Scott-Douglas spoke on behalf of the UNITE members and gave to Board an overview of the Psychodynamic Psychotherapy service, how it works, who they are able to treat and how many service receivers they currently support. It was felt that the loss of this service would result in therapy being restricted to CBT which were not the right sort of treatment for their service users and stressed what a huge gap would be made in this area if this service were de-commissioned.

UNITE stated that the same consultation took place in 2011/12 and came before the very same Board who concluded that this service should be maintained and not decommissioned. UNITE felt that the cost effectiveness of this service had not been recognised.

The Board expressed their concerns over the service not being available across the whole of the county and the fact that only 1 in 3 get the therapy treatment they need. They also stated that they felt the CCG needed to collect further and more complete data before starting the consultation. Discussion was also held on why such a service should be de-commissioned at a time when people are being encouraged to come forward with mental health problems.

The Board resolved to recommend that:

- 1. The CCG do not go to consultation on the future of the psychodynamic psychotherapy until they have had discussions with the psychotherapists over the service**
- 2. The CCG undertake further investigation into what the new service will offer.**
- 3. The CCG look at providing the same level of service and support across the whole of Derbyshire, ensuring equality between North and South Derby.**

- 4. Affordability of being able to employ more therapists to the mental health therapy services be investigated.**
- 5. The CCG come back to the Board with their findings**

30/17 Update on Access to GP surgeries

The Board received a report of the Strategic Director of People asking them to receive and consider a Powerpoint presentation giving them an update on steps being taken to improve members of the public gaining access to the GP services. Clive Newman, Interim Director of Primary Care, Derbyshire CCG attended the meeting to give the presentation and answer any questions the Board had.

It was reported that the situation was improving with over 80% of people being able to get a suitable GP appointment. Clive Newman clarified that work was being done within the practices that were not doing so well to help them improve. It was confirmed that GP surgeries were now offering appointments from 8am through to 8pm every weekday and were also offering weekend appointments

It was confirmed that National Funding had been received to recruit more staff and that pilot online consultations was due to be introduced in selected GP surgeries. It was also acknowledged that GP streaming had been introduced into A & E departments. Discussions were also held on further work that was in the pipeline such as requests for repeat prescriptions being dealt with by a central call centre and further, increased use of the pharmacies to deal with minor ailments.

The Board expressed some frustration that the figures presented to them were national figures, they requested that future presentations be more tailored reflecting local figures, along with details of the 5/6 surgeries that are being targeted because of poor performance.

The Board resolved:

- 1. To do more of a deep dive into local issues and poor performing practices during the next municipal year**
- 2. To ask the CCG to come back to future Board meeting to give further updates**

31/17 Move More Derby: Physical Activity and Sport Strategy 2018 - 2023

The Board considered a report of the Strategic Director of Communities and Place. Owen Swift, Participation Pathway Manager, attended the meeting to give a Powerpoint presentation to support the report and answer any questions the Board may have.

It was confirmed that 27% of the population of Derby are classed as inactive, meaning that they are only active for less than 30 minutes per week. Inactivity has been confirmed as a big contributor to death with the risks being as high as smoking.

The Move More Derby Strategy, supported by partner agencies, is a project to get people more active and creating the right environment for people to be more active and thus reducing the health costs associated with obesity.

The Board acknowledged the good work that was being done and discussed what could be done to support this strategy by Derby City Council as an employee. Discussion was held on the merits of Fitbits and the Board questioned if there could be some kind of salary sacrifice scheme where Fitbits could be purchased at a reduced price. The Board also questioned whether this matter should be brought to the attention of Personnel Committee and the Executive Scrutiny Board.

The Board resolved:

- 1. To note the presentation**
- 2. To recommend expanding the programme to work alongside the Livewell programme**
- 3. To recommend this project is considered at future Personnel Committee meeting and future Executive Scrutiny meeting.**
- 4. To recommend extending the programme to employers who we contract services with.**
- 5. To recommend that the issue of having 'salary sacrifice Fitbits' is explored further.**

32/17 Update on Cancer Waiting Times

The Board received a report of the Strategic Director of People asking them to receive and consider a presentation from Derby Teaching Hospitals NHS Foundation Trust (DTHFT) giving them an update on cancer waiting times. Neil Radford, Divisional Director for Medicine and Cancer and Mike Carr, General Manager for Cancer Business Unit attended the meeting to give the presentation.

The Board were informed that in recent years the DTHFT have invested significantly in modern high quality treatment including robotic surgery and 3 linear accelerators. An update was given on the 8 statutory targets for treatment times and graphs presented to support how well the DTHFT were doing in meeting these. Discussion was then held on plans to continue improving the waiting times and in the treatments offered.

The Board asked questions on data sharing between hospitals and it was confirmed that this is now a seamless process with pre defined data going through a high security network. Discussions were also held on work being done with the STP and Public Health England to produce a running programme awareness campaign to raise public awareness of the symptoms of cancer. The Board were also made aware of the staging data processing which is used in relation to the various stages of cancer and secondary stages of cancer.

The Board resolved:

- 1. To note the presentation**

- 2. To acknowledge the good work being done by DTHFT**
- 3. To receive a future update at a future meeting**

33/17 Update on Pharmacy Services

The Board received a report of the Strategic Director of People asking them to receive and consider an update on the Pharmacy First Scheme being run in order to relieve pressures on the GP services. Victoria Blackshaw, Project Manager – Community Pharmacy attended the meeting to give the presentation and answer the Board's questions.

It was confirmed that the scheme was now being run in both Southern Derbyshire and Erewash with 132 Community Pharmacies signed up to the service. The Board were informed how the scheme worked and how there had been a steady increase in the use of the service.

Discussion was held over the need to promote this service more, why the pharmacies are not promoting the service and what may be done to raise public awareness. It was questioned whether the need to promote the service within the pharmacy should be written into the contract made with the pharmacy.

Victoria Blackshaw confirmed that NHS funding had been received to extend the care for ear, nose and throat infections and this would be rolled out as a pilot scheme. The Board were also informed that a Handy App for mobile phones had been launched, giving information on A & E treatment for children to try and relieve the visits to A & E by children.

Further discussion was also held on the medicines order line which has been running since Dec 2017. This scheme started with a pilot of two practices, there are now 12 practices signed up with more on the waiting list to join. It was queried whether prescriptions issued by hospitals, on discharging patients, could use this, to cut down on the length of time it takes to complete discharge from hospital. It was confirmed that hospitals can't use this hotline but there is a scheme in place where the prescription will be sent to the local pharmacy. It was also acknowledged that this would be very useful for care homes and would also cut down on the medicines wasted by the care homes.

The Board were also updated on the self care project which is due to be launched. Medicines that are cheaper to buy over the counter for common ailments (ie hayfever) will not be available on prescription and patients will be encouraged to go to the pharmacy to purchase these rather than making an appointment with their GP.

Resolved to:

- 1) Note the presentation**
- 2) Recommend that the need to promote the First Care Service is written into the First Care contract the pharmacy enters into**
- 3) Receive a future update on the pharmacy services at a future meeting**

34/17 Work Programme and Topic Review

The Board received a report of the Chief Executive. The Board were asked to discuss and agree the future work programme and topic review for the forthcoming municipal year. The Members discussed several topics and agreed to add the Defend Derby Carers Space (Haven House) to the agenda for the next Board meeting.

Resolved to:

- 1. Note the presentation**
- 2. Agree the draft work programme**
- 3. Agree to add Defend Derby Carers Space (Haven House) to the agenda for the next Board meeting.**
- 4. Visit Haven House before the next Board meeting**

MINUTES END